



Wellbeing **works** here!

## Healthy Sarasota County Worksites Overview

**Healthy Sarasota County Worksites** is a *no cost* worksite wellness designation program that assesses current employee wellness programs or assists in the development of one. The program is designed to help employers assess whether they have implemented evidence-based health promotion interventions or strategies in their worksites to prevent heart disease, stroke, and related conditions such as hypertension, diabetes and obesity. We are dedicated to recognizing businesses that have acknowledged rising health care costs and are taking progressive and active measures to address this at the organizational level.

Your business earns points toward the **Healthy Sarasota County Worksites** designation for new or existing efforts affecting employee health. Wellness programs are assessed using the Centers for Disease Control and Prevention's (CDC) Worksite Health ScoreCard. Platinum, Gold, Silver or Bronze designations are awarded based on total points earned.

- *Platinum: 238+ points*
- *Gold: 224+ points*
- *Silver: 211+ points*
- *Bronze: 185+ points*

Why become a **Healthy Sarasota County Worksite**?

- Improved morale
- Improved health and wellness
- Improve your bottom line
- Reduce absenteeism
- Increase productivity
- Access to **Healthy Sarasota County Worksites** e-logo
- Recognition on *healthysarasota.com*
- Media attention

[www.healthysarasota.com](http://www.healthysarasota.com)